Welcome to the January 2024 Presentation Companion Planting


## Agenda

- What is Companion Planting
- Benefits of Companion Planting
- Why Companion Planting is Effective
- Techniques
- Combinations


## What is Companion Planting

- It's the establishment of two or more plant species in close proximity so that some cultural benefit that results in higher yields is derived.
- Groups of plants which grow well together are called companions.


## Origins of Companion Planting

- Traditional recommendations used by gardeners have evolved from an interesting combination of
- historical observation
- horticultural science, and
- a few unconventional sources


## Origins of Companion II

- Naturalists have known about the interactions among plants for thousands of years
- About 2,000 years ago the Roman agriculturalist Varro declared "Large walnut trees close by, make the border of the farm sterile."
- Native Americans three sisters of corn squash and beans is also an example of companion planting thousands years old



## Benefits of Companion Planting

- Pest Control
- Controls weeds
- Makes efficient use of space
- Companion plants can be planted between plants of another crop
- Square foot gardening can be a type of companion planting
- Companion planting can reduce disease problems
- Different species between plants can slow the spread of disease


## Benefits II

- Can attract pollinators
- Some plants move ground water closer to the surface where it can be used by shallow rooted plants
- Trees and dandilions are examples of this
- Vining plants around other plants also conserve soil moisture by reducing the amount of exposed soil
- Can save labor
- Reduced watering and weeding



## Why Companion Planting Works

- Biochemical Pest Suppression
- some plants exude chemicals from roots or aerial parts that suppress or repel pests and protect neighboring plants
- Symbiotic nitrogen fixation
- legumes have the ability to fix atmospheric nitrogen for their own use and for the benefit of neighboring plants via symbiotic relationship with Rhizobium bacteria
- Adjoining plants can crowd out weeds
- Deprive weeds of sun and other resources


## Insect Crop and Herb Plants that Repels

Ants Onions, Tansy, Mint family
Aphids Chives, Garlic, Marigolds, Mint family, Dried and crushed chrysanthemum flowers, Coriander, Onions, Oregano
Cabbage Moths Rosemary, Sage, Thyme
Cabbage Worms Tomatoes, Celery
Carrot Flies Leeks, Sage, Rosemary, Colorado Marigolds, Nasturtiums, Flax
Potato Beetles Cucumber
Beetles Nasturtiums, Radishes, Tansy
Flea Beetles Catnip, Garlic
Flies Basil, Tansy
Leafhoppers Dried and crushed chrysanthemum flowers
Mosquitoes Basil, Garlic, Geranium (citrosa)
Onion Flies Garlic
Ticks Garlic
Tomato Worms Borage


## Methods of Companion Planting

- Row intercropping
- growing two or more crops at the same time with at least one crop planted in rows.
- Strip intercropping
- growing two or more crops together in strips wide enough to permit separate crop production but close enough for the crops to interact.



## Methods of Companion Planting II

- Mixed intercropping
- growing two or more crops together in no distinct row arrangement.
- As in square foot gardening
- Relay intercropping
- planting a second crop into a standing crop at a time when the standing crop is at its reproductive stage but before harvesting
- Accelerated succession planting



## Keep in Mind

- Companion planting is not an exact science
- What works for one may not work for another
- List of companion plants are based on experience of gardeners not double blind experimentation
- Physical conditions effect results
- Experiment and see what works for you


| Table II |  |  | $\begin{aligned} & 4 \\ & \frac{5}{8} \\ & 5 \end{aligned}$ |  |  |  |  | $8$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Beans, tust/pole |  | C | - |  | $\bigcirc$ |  | - |  |  |  | (1) |  |  |  |
| Bell Peppers | $\bigcirc$ |  | 1 |  |  |  |  |  | 0 | - |  |  |  |  |
| Brassic/[Cabbage | - |  | C |  | 1 | - | 0 |  |  |  | - | 0 |  |  |
| Carots |  |  |  |  |  |  | $\bigcirc$ |  |  |  | - |  |  |  |
| com |  |  |  |  | O |  |  |  |  |  |  |  |  | O |
| Cuxumbers | $\bigcirc$ |  |  |  |  | - | 0 |  |  | 3 | $\bigcirc$ |  |  | $\bigcirc$ |
| Leture |  |  |  |  |  |  | O |  |  |  |  |  |  |  |
| Onion/Allum |  | $\bigcirc$ |  |  |  | - | O |  |  | O | - | c |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Patatos |  |  |  |  |  |  |  |  |  |  |  |  |  | - |
| Rodishes |  |  |  |  | 3 |  |  |  |  |  |  |  |  |  |
| Spinach |  |  |  |  |  | - |  |  |  |  |  | C |  |  |
| Tomatoes |  | - | 0 |  |  | O | (1) | $\bigcirc$ | C | O | O | C | , | - |
| zucchinisgush |  |  |  |  |  |  | 0 |  |  |  |  |  |  | O |


| COMPANION PLANTING CHART |  |  |
| :---: | :---: | :---: |
| CROP | COMPANIONS | incompatible |
| Asparagus | Tomato, Parsley, Basil |  |
| Beans | Most Vegetables \& Herbs |  |
| Beans, Bush | Irish Potato, Cucumber, Corn, Strawberry, Celery, Summer Savory | Onion |
| Beans, Pole | Corn, Summer Savory, Radish | Onion, Beets, Kohlrabi, Sunflower |
| Cabbage Family | Aromatic Herbs, Celery, Beets, Onion Family, Chamomile, Spinach, Chard | Dill, Strawberries, Pole Beans, Tomato |
| Carrots | English Pea, Lettuce, Rosemary, Onion Family, Sage, Tomato | Dill |
| Celery | Onion \& Cabbage Families, Tomato, Bush Beans, Nasturtium |  |
| Corn | Irish Potato, Beans, English Pea, Pumpkin, Cucumber, Squash | Tomato |
| Cucumber | Beans, Corn, English Pea, Sunflowers, Radish | Irish Potato, Aromatic Herbs |
| Eggplant | Beans, Marigold |  |
| Lettuce | Carrot, Radish, Strawberry, Cucumber |  |
| Onion Family | Beets, Carrot, Lettuce, Cabbage Family, Summer Savory | Beans, English Peas |
| Parsley | Tomato, Asparagus |  |
| Pea, English | Carrots, Radish, Turnip, Cucumber, Corn, Beans | Onion Family, Gladiolus, Irish Potato |
| Potato, Irish | Beans, Corn, Cabbage Family, Marigolds, Horseradish | Pumpkin, Squash, Tomato, Cucumber, Sunflower |
| Pumpkins | Corn, Marigold | Irish Potato |
| Radish | English Pea, Nasturtium, Lettuce, Cucumber | Hyssop |
| Spinach | Strawberry, Faba Bean |  |
| Squash | Nasturtium, Corn, Marigold | Irish Potato |
| Tomato | Onion Family, Nasturtium, Marigold, Asparagus, Carrot, Parsley, Cucumber | Irish Potato, Fennel, Cabbage Family |
| Turnip | English Pea | Irish Potato |

## Questions

Thank You

